

श्रीमन्नारायणीयम्

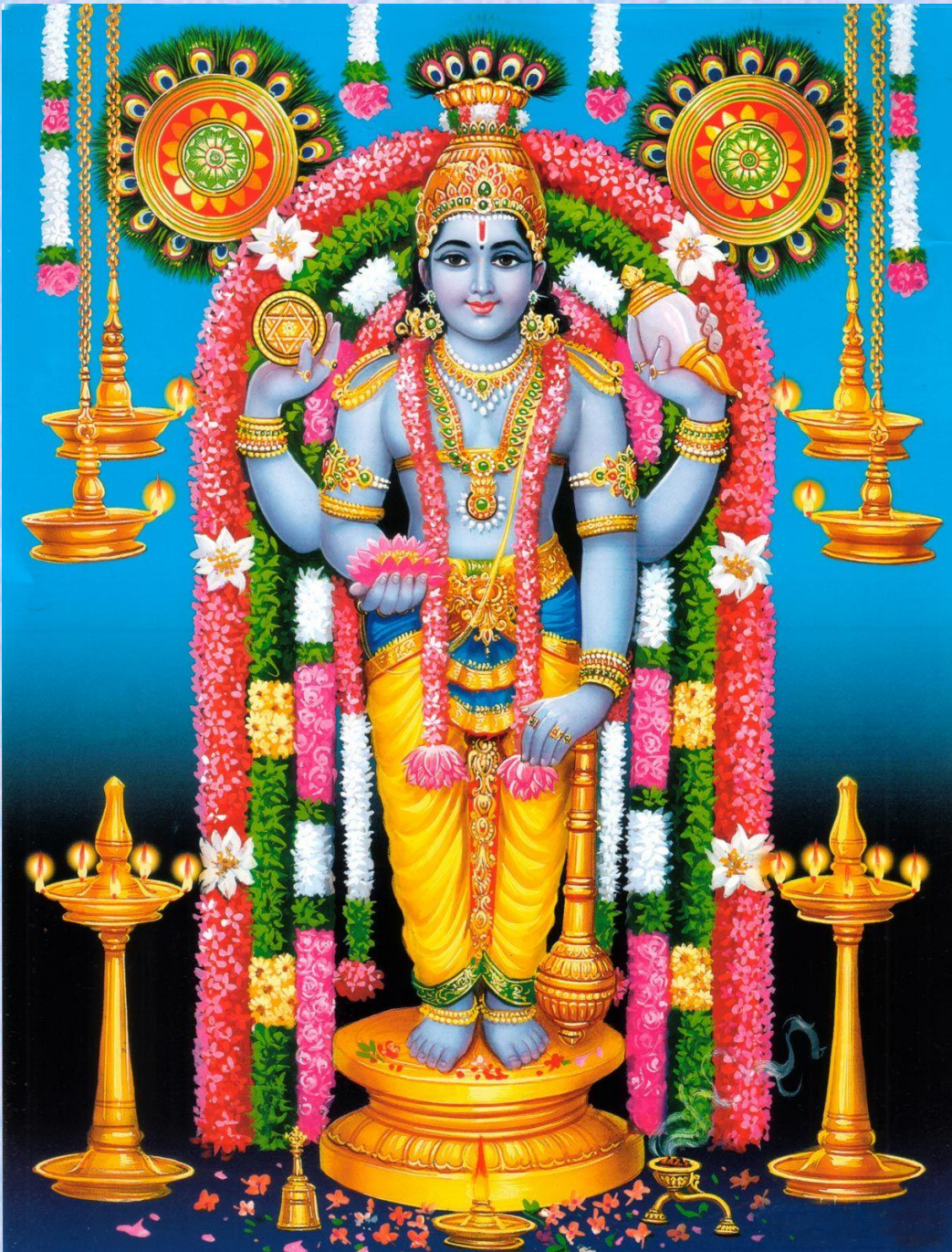
दशकम् - २१

(जम्बूद्वीपादिषु भगवद्गुपासनाप्रकारवर्णनम्)

Shriman Narayaneeyam

Dasakam 21

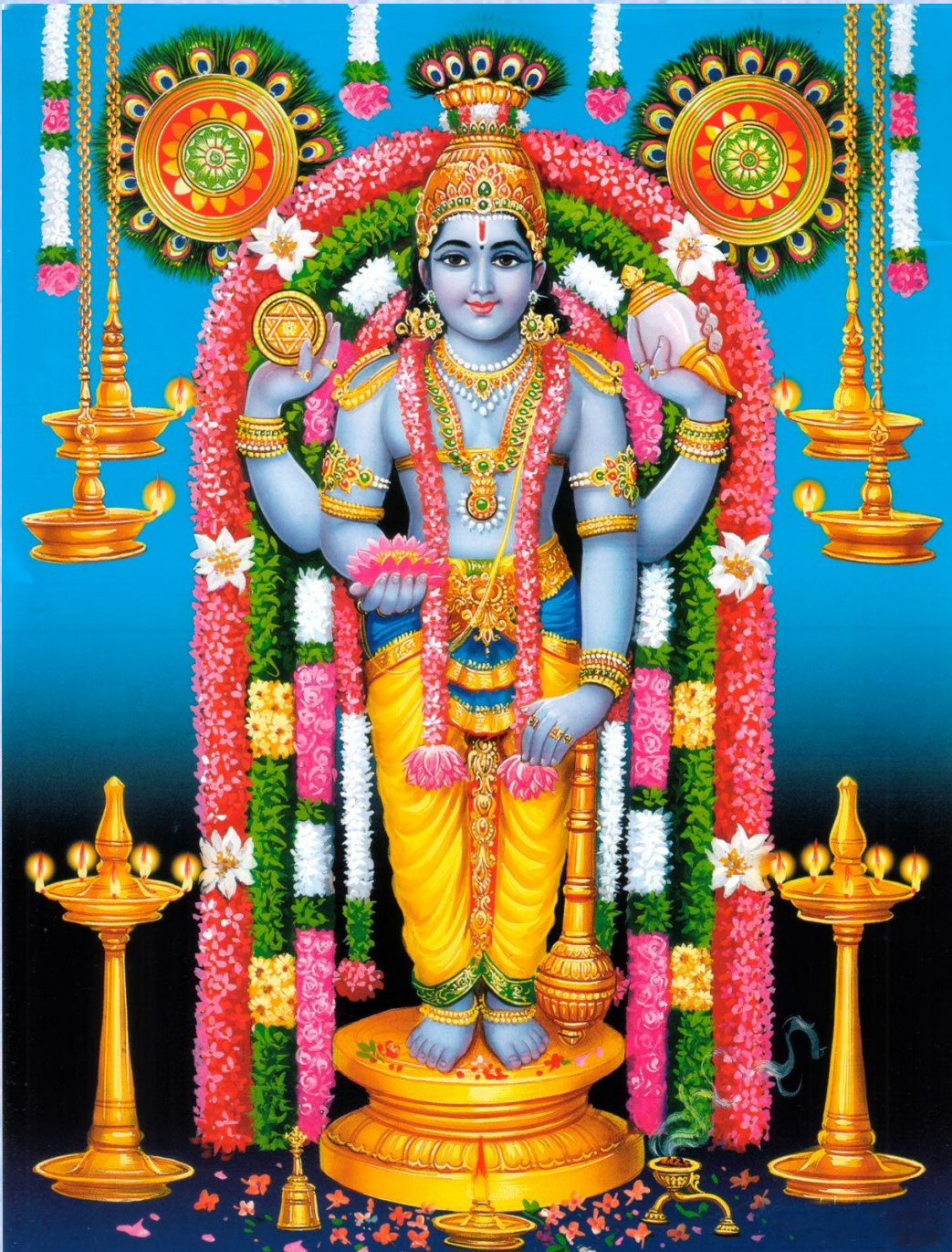
(Mode of Worship of the Lord in Jambudvipa etc.)



मध्योद्धवे भुव इलावृतनाम्नि वर्षे
गौरीप्रधानवनिताजनमात्रभाजि ।
शर्वेण मन्त्रनुतिभिः समुपास्यमानं
सङ्कर्षणात्मकमधीश्वर संश्रये त्वाम् ॥ २१ - १ ॥

madhyOdbhave bhuva ilaavRita-naamni varShe
gauriipradhaana-vanitaajanamaatra-bhaaji |
sharveNa mantranutibhissamupaasyamaanaM
sankarShaNaatmaka-madhiishvarasamshraye tvaam ||21 - 1 ||

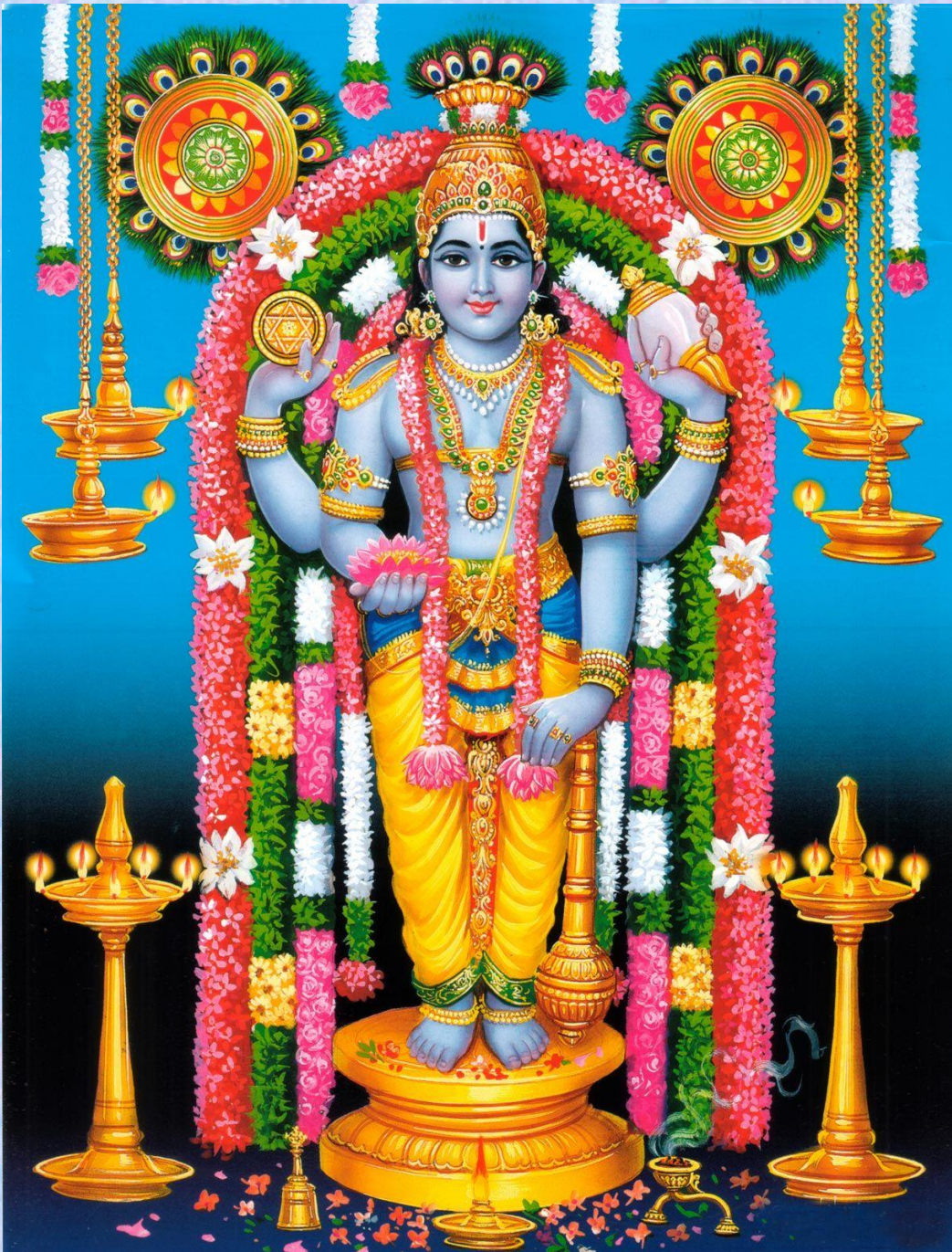
In the middle of the earth is the region called Ilaavrata which is inhabited exclusively by women with Gauri as their chief. I seek refuge in Thee O Lord! Who are present there as Sankarshana and are worshipped with holy chants by Sharva (Shiva) in his 'man-woman' form known as Ardhanaareeshwara..



भद्राश्वनामक इलावृतपूर्ववर्षे
भद्रश्रवोभिः ऋषिभिः परिणूयमानम् ।
कल्पान्तगूढनिगमोद्धरणप्रवीणं
ध्यायामि देव हयशीर्षतनुं भवन्तम् ॥ २१ - २ ॥

bhadraashvanaamaka ilaavRitapuurvavarShe
bhadrashravObhirRIShibhiH pariNuuyamaanam |
kalpaantaguuDha nigamOddharaNa praviiNaM
dhyaayaami deva hayashiirShatanuM bhavantam || 21 - 2 ||

In the region known as Bhadraashva, situated to the east of Ilaavrata, O Lord! Thou resides as Hayagreeva. I meditate on this horse-necked form of Thine which is famed as the restorer of the Vedas lost in the deluge at the end of the cosmic cycle. This Hayagreeva form of Thine is worshipped by the Rishis Bhadraashwara with hymns of praises.



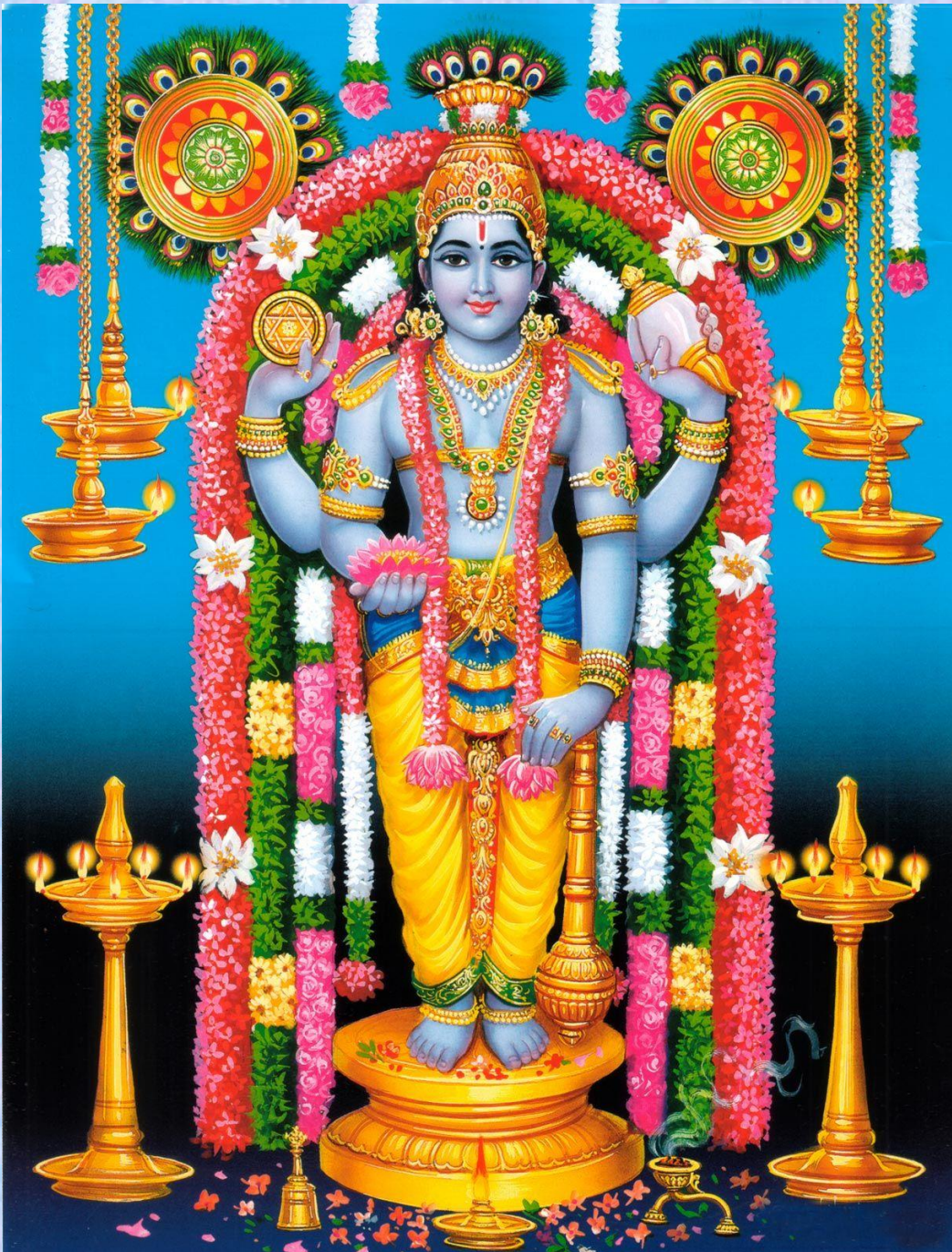
ध्यायामि दक्षिणगते हरिवर्षवर्षे
प्रह्लादमुख्यपुरुषैः परिषेव्यमाणम् ।

उत्तुङ्गशान्तधवलाकृतिमेकशुद्ध-

ज्ञानप्रदं नरहरिं भगवन् भवन्तम् ॥ २१ - ३ ॥

dhyaayaami dakshiNagate harivarShavarShe
prahlaadamukhyapuruShaiH pariShevyamaaNam |
uttunga shaanta dhavalaakRiti-mekashuddhaj~
naanapradaM narahariM bhagavan bhavantam || 21 - 3 ||

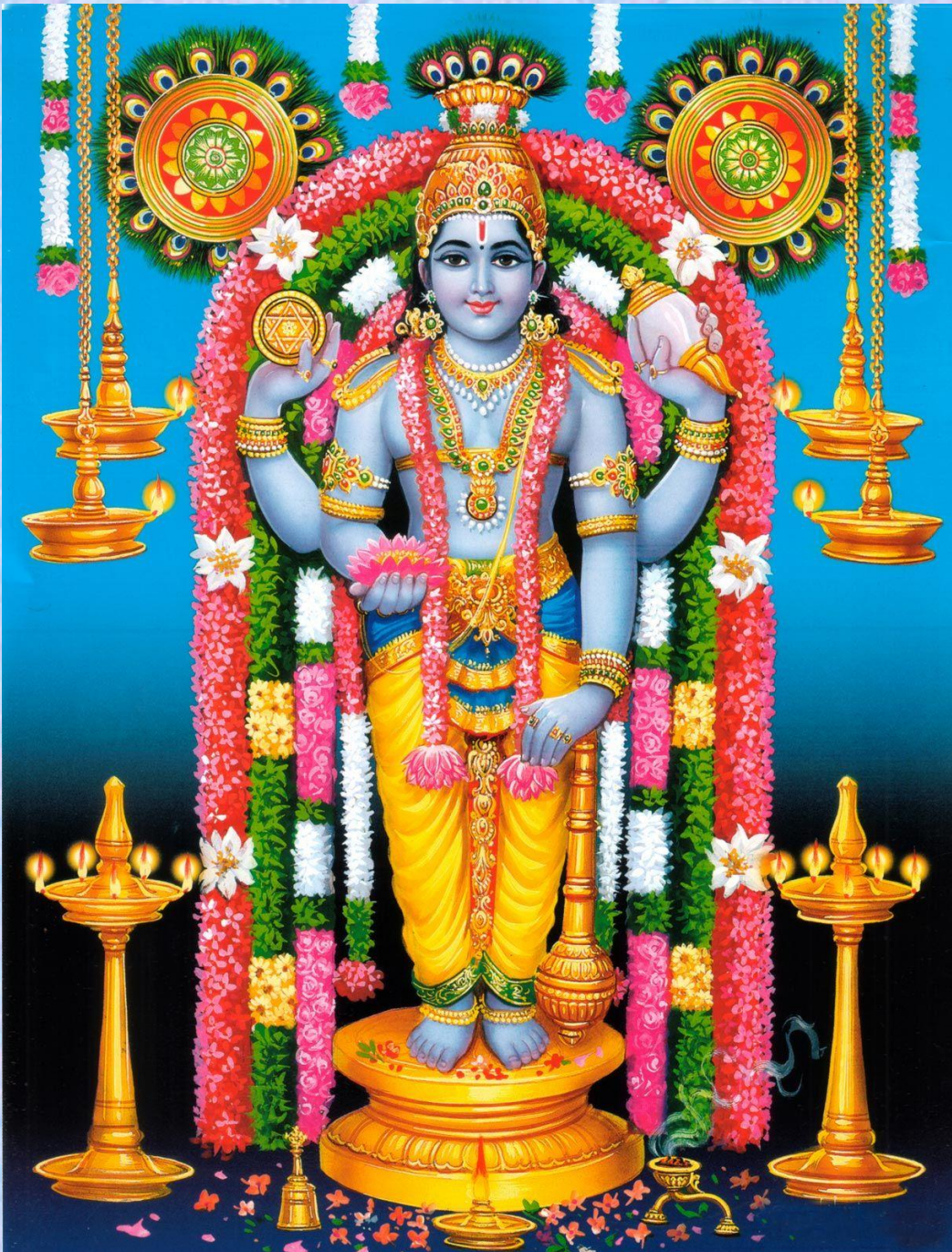
To the south of Ilaavrata is Harivarsha. There Thou are worshipped by Prahlaad and other leading devotees as Narahari, whose body is tall and white and who is calm and bestows the knowledge of Supreme Brahman. O Lord! I meditate on that form of Thee.



वर्षे प्रतीचि ललितात्मनि केतुमाले
लीलाविशेषललितस्मितशोभनाङ्गम् ।
लक्ष्म्या प्रजापतिसुतैश्च निषेव्यमाणं
तस्याः प्रियाय धृतकामतनुं भजे त्वाम् ॥ २१ - ४ ॥

varShe pratiichi lalitaatmani ketumaale
liilaavisheSha-lalita-smita-shObhanaangam |
lakshmyaa-prajaapatisutaishcha niShevyamaaNAM
tasyaaH priyaaya dhRitakaamatanuM bhaje tvaam || 21 - 4 ||

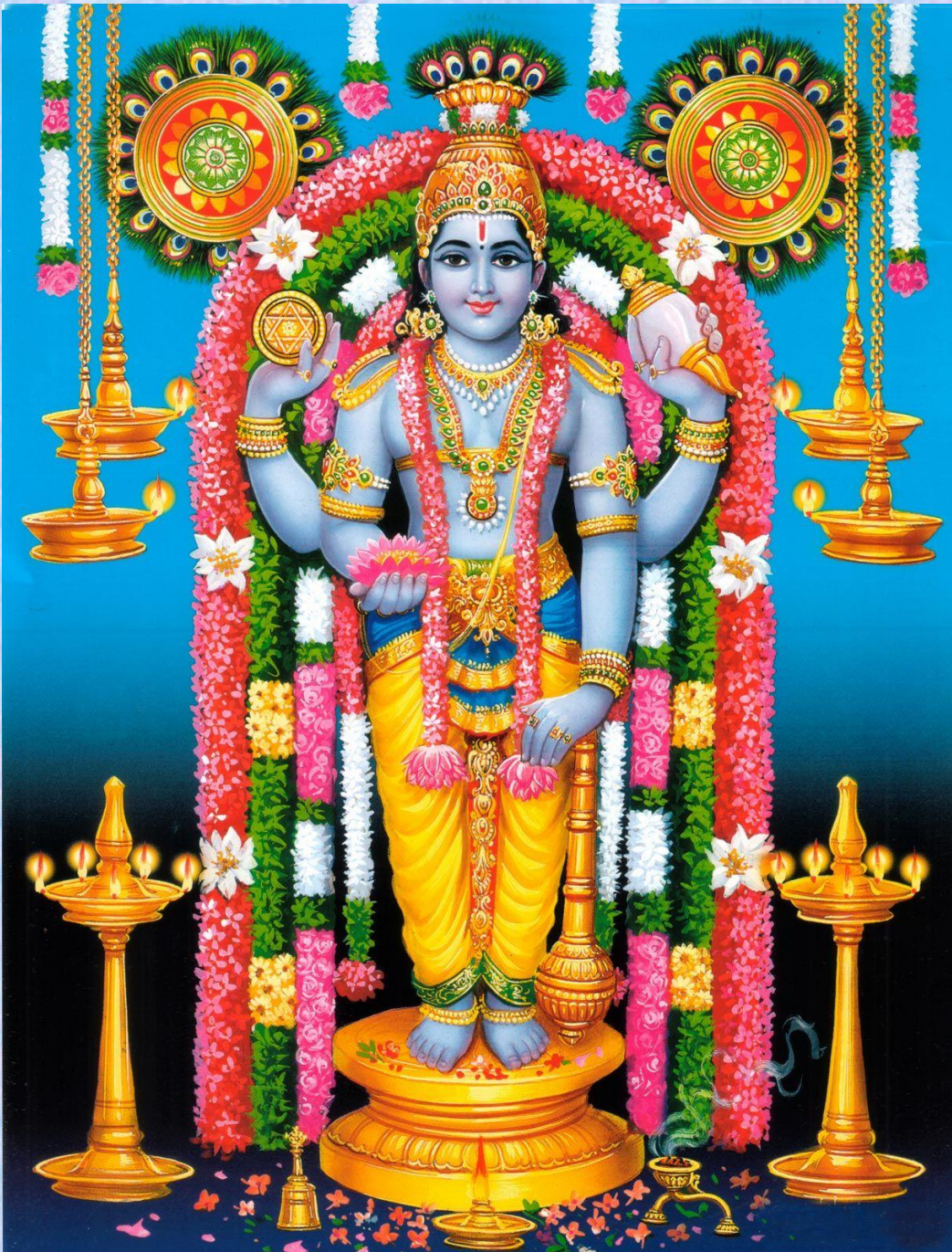
*To the west of Ilaavrata, in the beautiful region of Ketumaalaa,
Thou resides as Kaamadeva, for the pleasure of Lakshmi. Thy
form is resplendent with a divine sportive and charming smile.
Thou are worshipped by Lakshmi and the sons of Prajaapati. I
worship Thee.*



रम्ये ह्युदीचि खलु रम्यकनाम्नि वर्षे
तद्वर्षनाथमनुवर्यसपर्यमाणम् ।
भक्तैकवत्सलममत्सरहत्सु भान्तं
मत्स्याकृतिं भुवननाथ भजे भवन्तम् ॥ २१ - ५ ॥

ramyehyudiichi khalu ramyakanaamni varShe
tadvarShanaatha manuvarya saparyamaaNam |
bhaktaikavatsalamamatsarahRitsu bhaantaM
matsyaakRitiM bhuvananaatha bhaje bhavantam || 21 - 5 ||

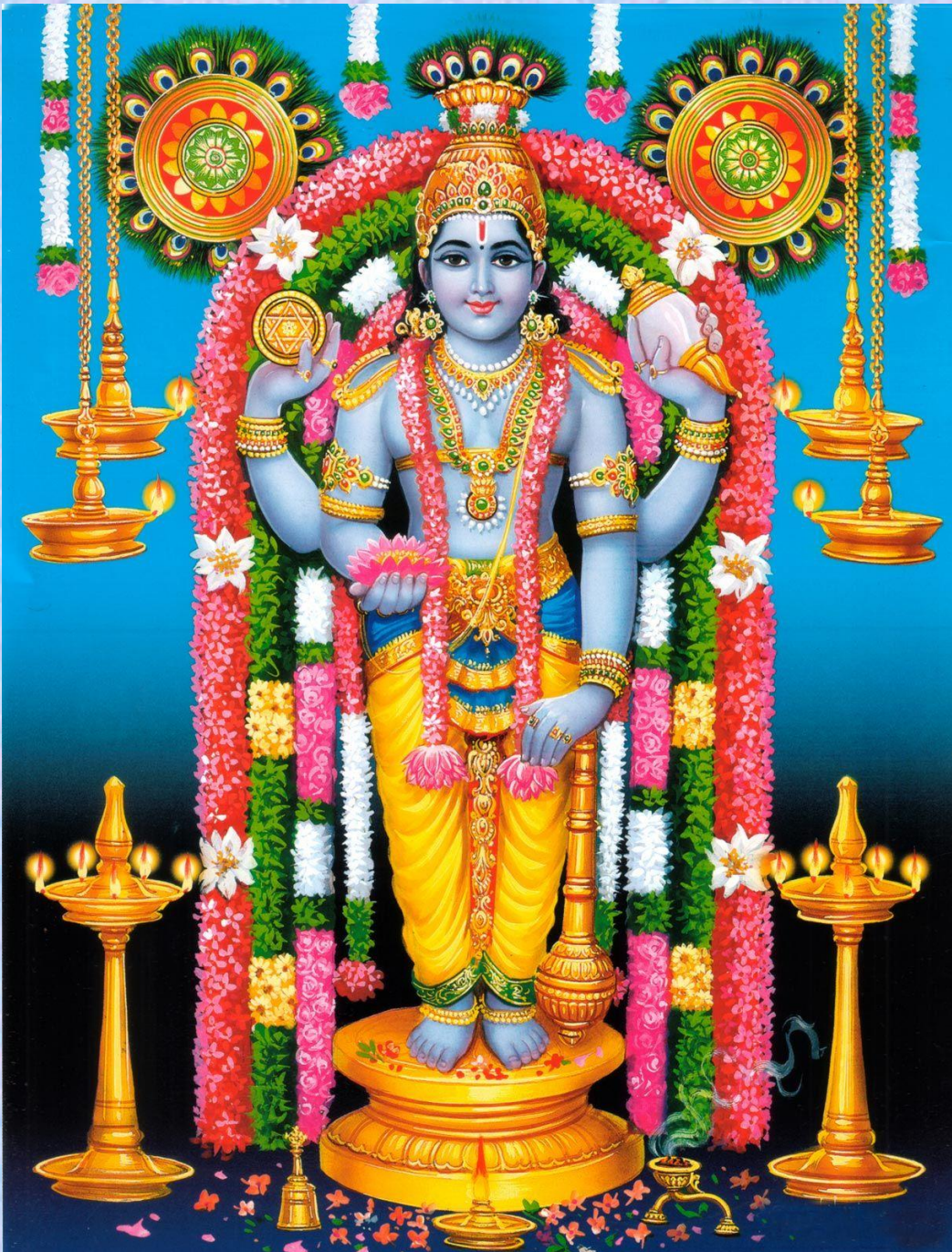
In the beautiful region of Ramyak to the north of Ilaavrata whose ruler Vaivaswata Manu worships Thee in Thy form of a fish. Thou who are very benevolent to Thy devotees and who shine in the hearts of those who are free from attachments, I worship Thee in the form of the fish..



वर्षं हिरण्मयसमाह्वयमौत्तराह-
मासीनमद्रिधृतिकर्मठकामठाङ्गम् ।
संसेवते पितृगणप्रवरोऽर्यमा यं
तं त्वां भजामि भगवन् परचिन्मयात्मन् ॥ २१ - ६ ॥

varShaM hiraNmaya samaahvayamauttaraahamaasiinamadri
dhRiti karmaThakaamaThaangam |
samsevate pitRigaNapravarOryamaa yaM
taM tvaam bhajaami bhagavan parachinmayaatman || 21 - 6 ||

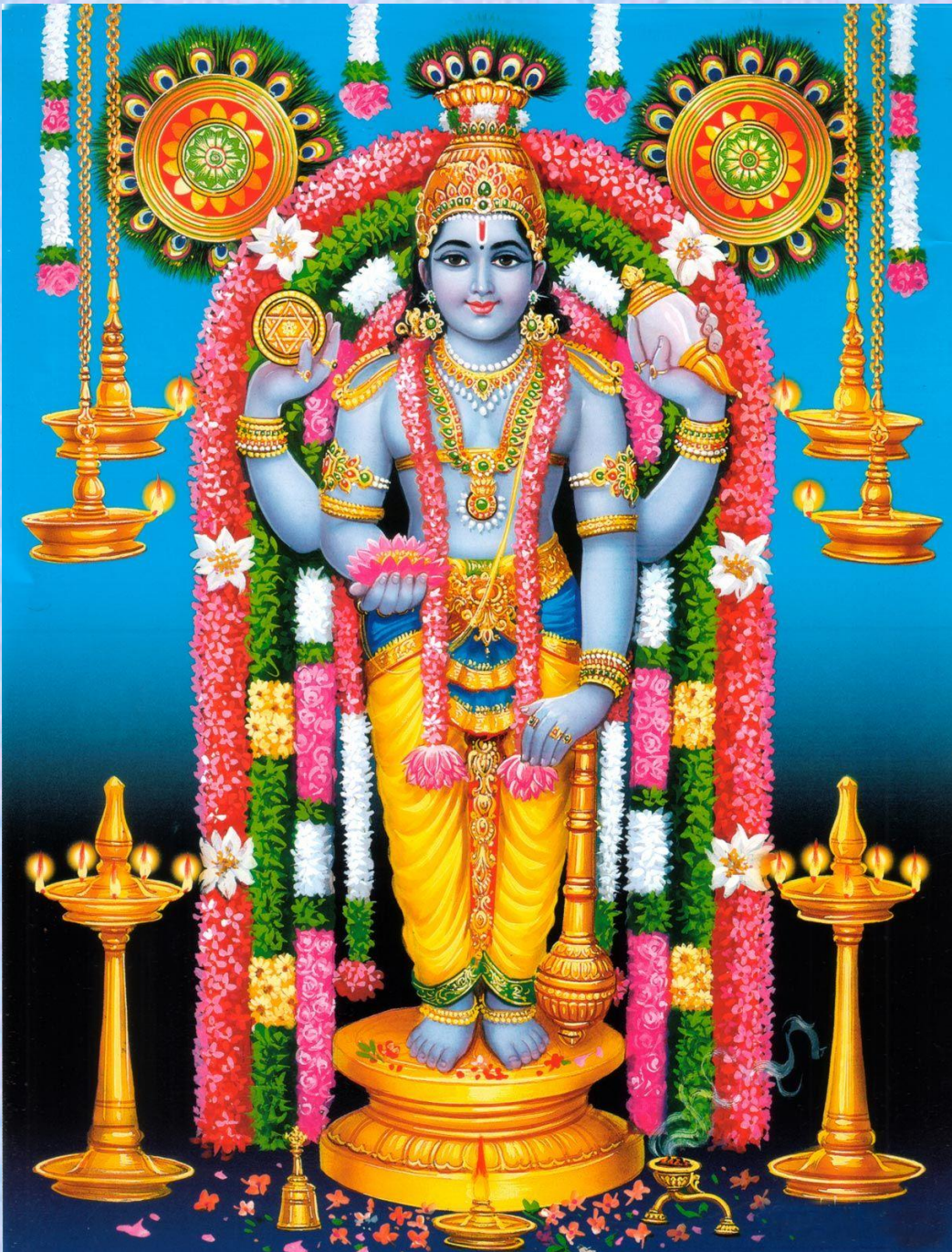
*The region called Hiranmaya which is to the north of Ramyak,
Thou reside there in the form of the huge tortoise that could bear
the Mandara mountain on its back. There Thou are worshipped by
Aryamaa the famous chief of the Pitris. O Lord! O Supreme Pure
Consciousness! I worship Thy that form.*



किञ्चोत्तरेषु कुरुषु प्रियया धरण्या
संसेवितो महितमन्त्रनुतिप्रभेदैः ।
दंष्ट्राग्रघृष्टघनपृष्ठगरिष्ठवर्ष्मा
त्वं पाहि बिज्ञनुत यज्ञवराहमूर्ते ॥ २१ - ७ ॥

kiM chOttareShu kuruShu priyayaa dharaNyaa
samsevitOmahitamantranuti prabhedaiH |
danShTraagraghRiShTaghanapRiShTha gariShThavarShmaa
tvaM paahi bijnanuta yajnavaraahamuurte || 21 - 7 ||

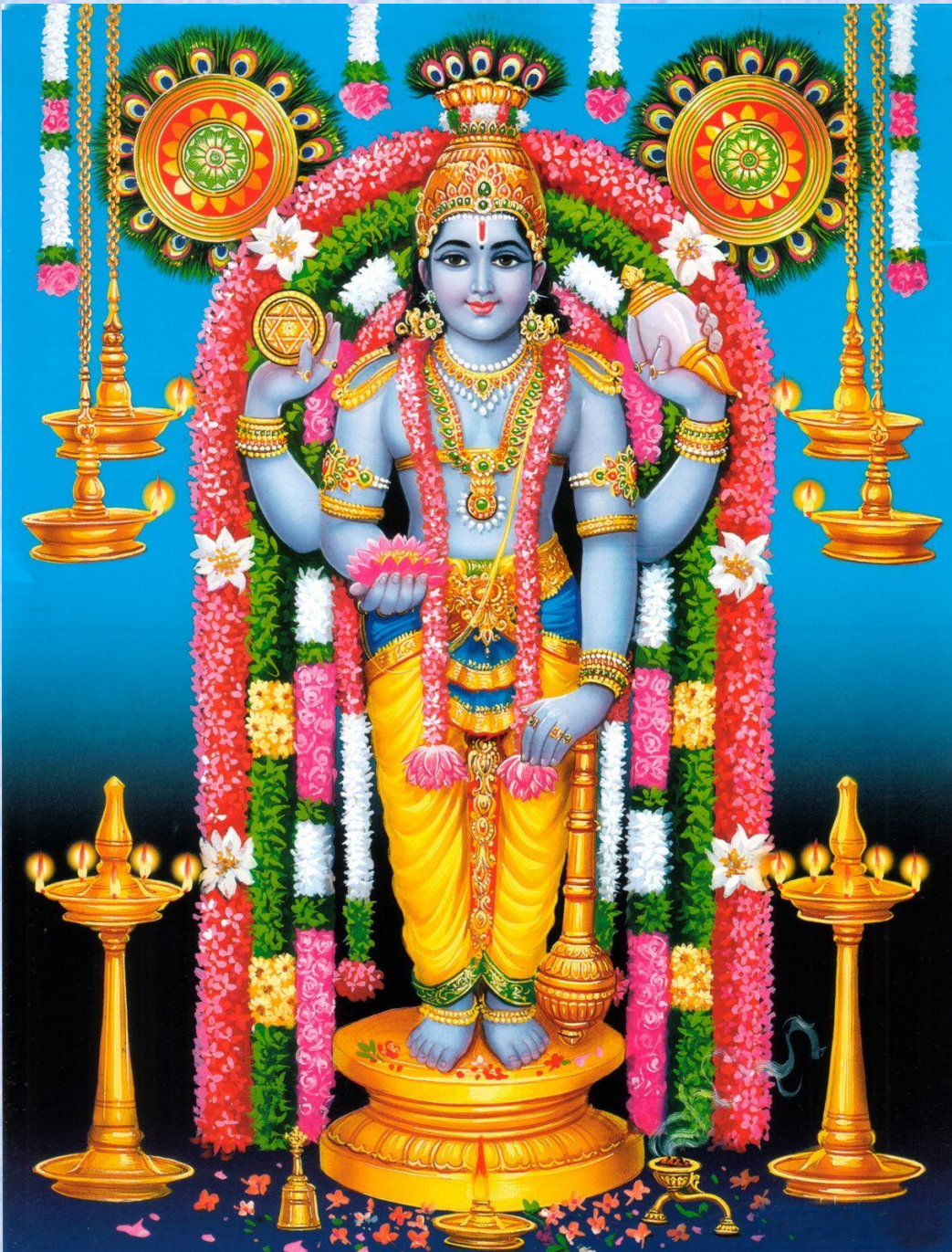
To the north of Hiranmaya, Thou are worshipped by Thy dear consort the Earth, with the utterances of holy Mantras and hymns of praise. Thou are adored by the wise in the form of Yanjya Varaaha (the divine boar) whose gigantic body rose so high that the tusks' edges rubbed against the clouds. Do protect Thy devotees.



याम्यां दिशं भजति किंपुरुषाख्यवर्षे
संसेवितो हनुमता दृढभक्तिभाजा ।
सीताभिरामपरमाद्भुतरूपशाली
रामात्मकः परिलसन् परिपाहि विष्णो ॥ २१ - ८ ॥

yaamyaaM dishaM bhajati kimpuruShaakhyavarShe
samsevitO hanumataa dRiDhabhaktibhaajaa |
siitaabhiraamaparamaadbhutaruupashaalii
raamaatmakaH parilasan paripaahi viShNO || 21 - 8 ||

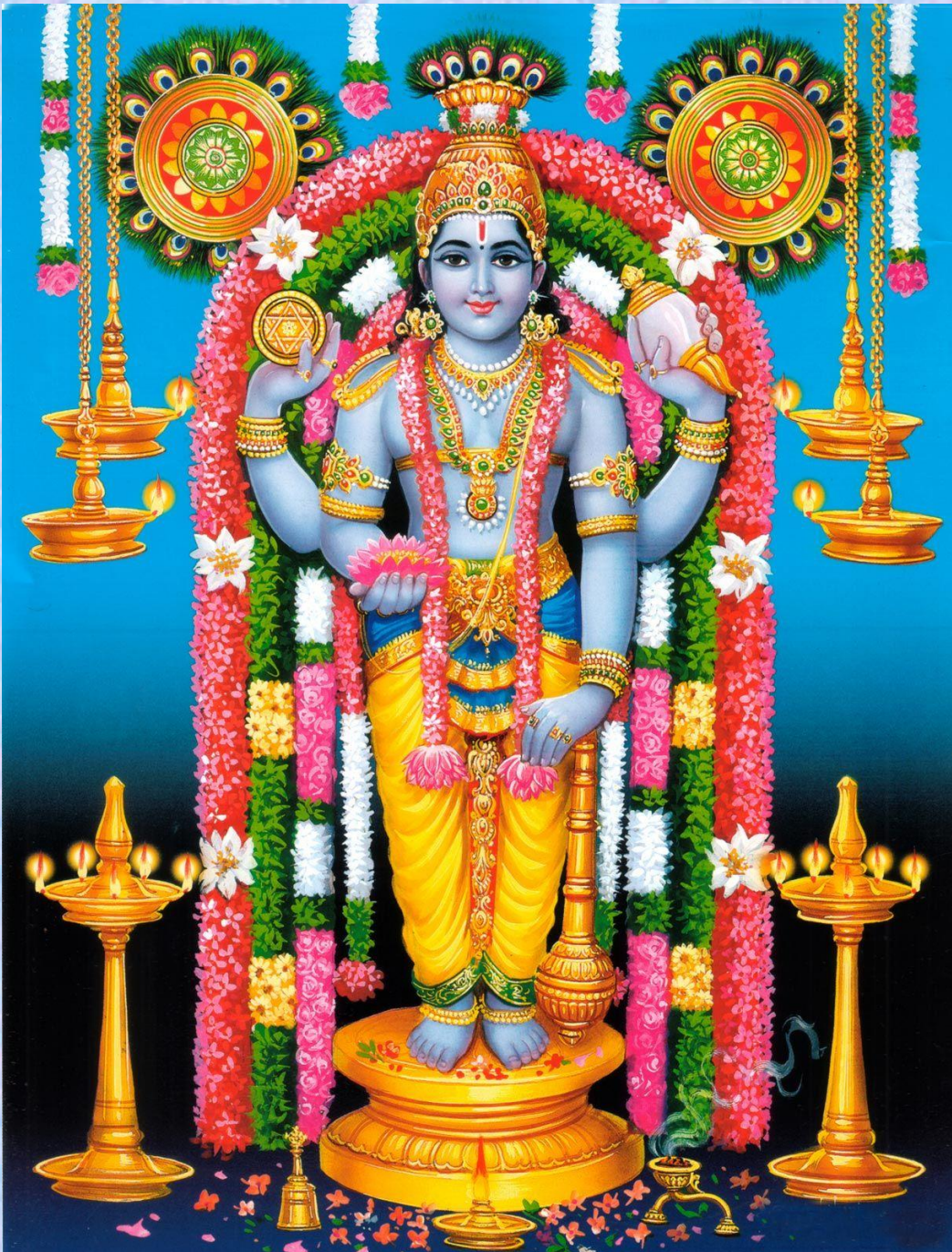
Towards the south of Ilaavrata, residing in the region known as Kimpurusha, Thou are worshipped by Hanumaan with firm and unwavering devotion. O Lord Vishnu! Thou as Raama do shine with a wonderful and resplendent form that captivates Sita and is made more charming by her presence. Do protect us, O Vishnu!.



श्रीनारदेन सह भारतखण्डमुख्यै-
स्त्वं साङ्ख्ययोगनुतिभिः समुपास्यमानः ।
आकल्पकालमिह साधुजनाभिरक्षी
नारायणो नरसखः परिपाहि भूमन् ॥ २१ - ९ ॥

shriinaaradena saha bhaarakhaNDamukhyai
stvam saankhyayOganutibhiH samupaasyamaanaH |
aakalpakaalamiha saadhujanaabhirakshii
naaraayaNO narasakhaH paripaahi bhuman || 21 - 9 ||

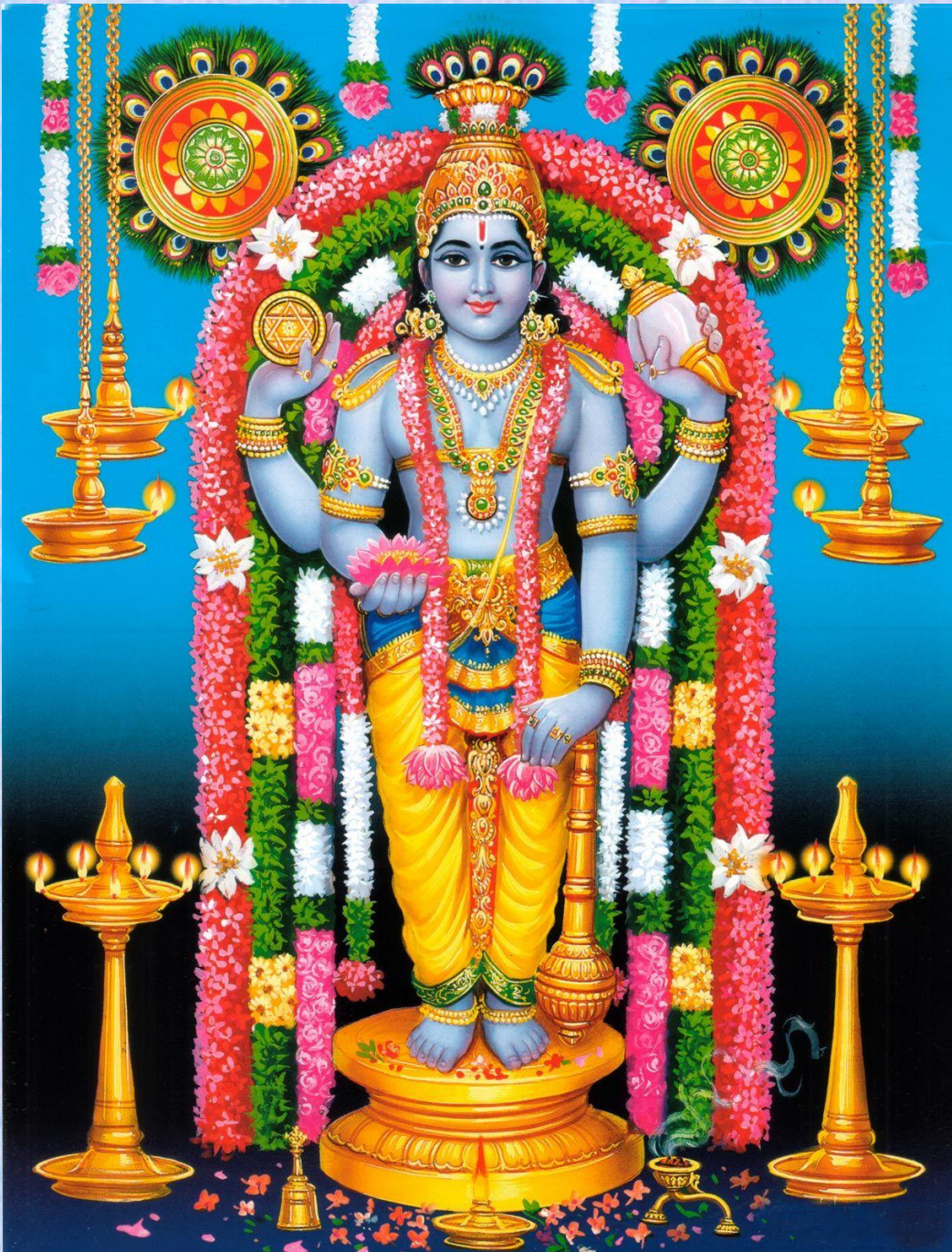
Along with Naarada, by the leading devotees of Bhaarata region Thou are meditated upon and praised with hymns based on Saankhya and Yoga. In Bhaaratavarsha as Naaraayana with Nara as companion, Thou do reside till Pralaya (deluge) time, for the protection of the virtuous. Deign to protect all devotees.



प्लाक्षेऽर्करूपमयि शाल्मल इन्दुरूपं
द्वीपे भजन्ति कुशनामनि वह्निरूपम् ।
क्रौञ्चेऽम्बुरूपमथ वायुमयं च शाके
त्वां ब्रह्मरूपमपि पुष्करनाम्नि लोकाः ॥ २१ - १० ॥

plaaaksherkaruupamayi shaalmala induruupaM
dviipe bhajanti kushanaamani vahniruuupam |
kraunchemburuupamatha vaayumayaM cha shaake
tvaam brahmaruupamayi puShkaranaamni lOkaaH || 21 - 10 ||

O Lord! Thou are worshipped by the people in the form of the sun in Plaaksha, as the Moon in Shaalmala, as fire in Kushadveep, as water in Kraunch, as wind in Shaaka and as Brahmaa in the place named Pushkara.



सर्वैर्ध्रुवादिभिरुडुप्रकरैर्ग्रहैश्च

पुच्छादिकेष्ववयवेष्वभिकल्प्यमानैः ।

त्वं शिंशुमारवपुषा महतामुपास्यः

सन्ध्यासु रुन्धि नरकं मम सिन्धुशायिन् ॥ २१ - ११ ॥

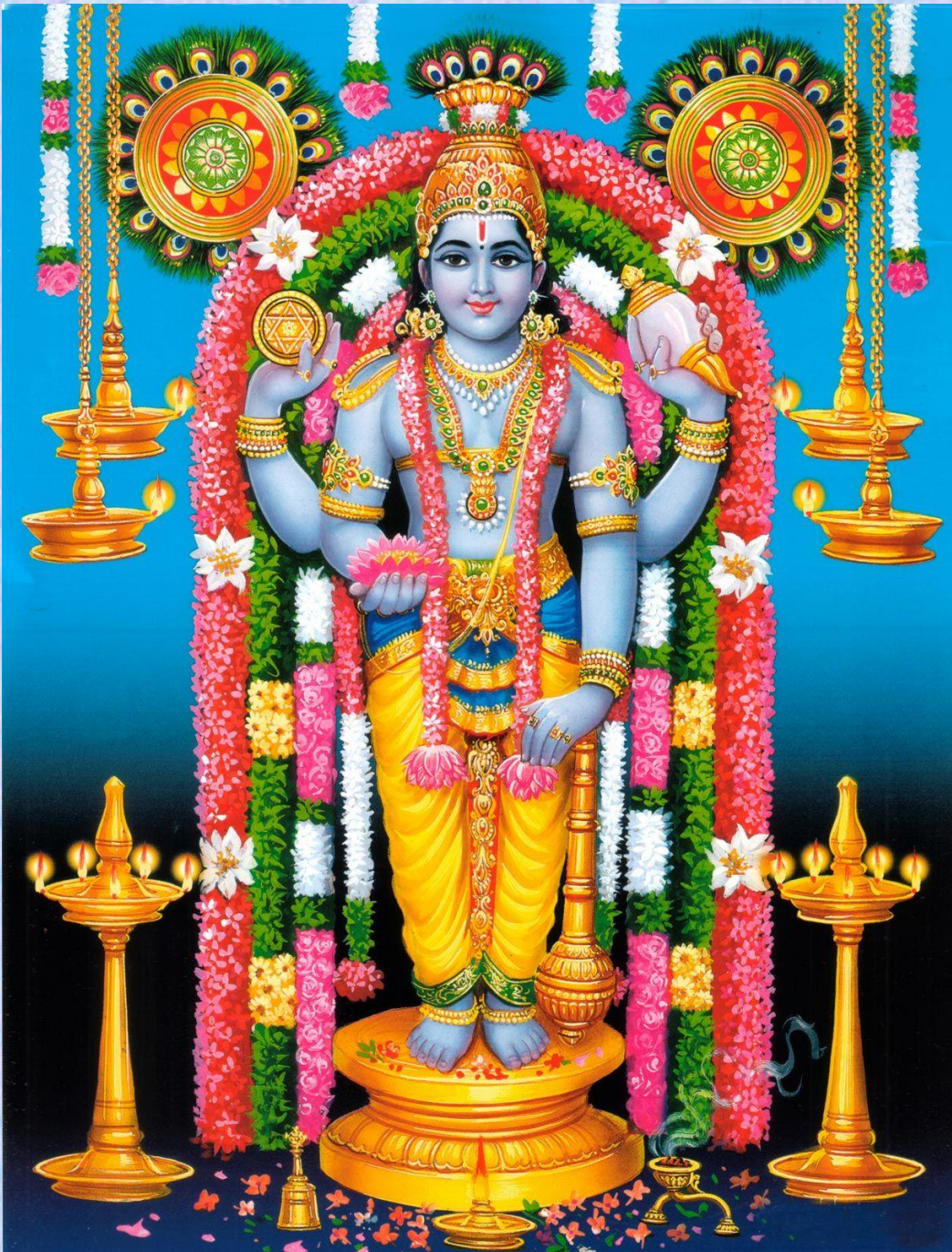
sarvai-dhruvaadibhiruDuprakarairgrahaishcha

puchChaadi keShvavayaveShvabhi kalpyamaanaiH |

tvaM shimshumaaravapuShaa mahataamupaasyaH

sandhyaasu rundhi narakaM mama sindhushaayin || 21 - 11 ||

Dhruva - the Pole star, and all the groups of stars and planets who are imagined as forming the limbs and tail of the great Fish Shinshumaar, in that form , Thou are meditated upon by the enlightened ones, at the three Sandhyaas. O Lord! Reposing on the Milk Ocean! deign to eradicate my suffering and my sins.



पातालमूलभुवि शेषतनुं भवन्तं
लोलैककुण्डलविराजिसहस्रशीर्षम् ।
नीलाम्बरं धृतहलं भुजगाङ्गनाभि-
र्जुष्टं भजे हर गदान् गुरुगेहनाथ ॥ २१ - १२ ॥

सदा सर्वत्र गोविन्द नाम सङ्कीर्तनं गोविन्दा गोविन्दा ।
नारायणा अखिल गुरो भगवन् नमस्ते ॥

paataalamuulabhuvi sheShatanuM bhavantaM
lOlaiKa kuNDala viraaji sahasrashiirSham |
niilaambaraM dhRitahalaM bhujagaanganaabhirjuShTaM
bhaje hara gadaan gurugehanaatha || 21 - 12 ||

Sada Sarvathra Govinda Naama Sankirtanam Govinda Govinda
Narayana Akhila Guru Bhagavan Namaste

I worship Thee as Aadishesha the great serpent. Thou residing at the bottom of Paataal, having a thousand heads, which shine with a single ever quivering earring, wearing a blue garment, and having a plough as weapon, are worshipped by Naaga (serpent) damsels. May Thou O Lord of Guruvaayur be pleased to relieve me of my ailments.